



~ Thought For The Day ~

~gathering from the 4 winds~

“come just as you are”

Refresh, Restore, Rebuild = Healing



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Prayer

God Father; in Jesus' name I ask it, I pray that we learn what is pleasing to You and that our life is a constant proof of the things that are most acceptable to You. God, I give thanks to You at all times and for everything. Lord I ask that we are "constantly renewed" in the spirits of our minds, having "a fresh mental and spiritual attitude." Lord attitudes begin in the mind, help us to have pure thoughts, and for our attitudes and thoughts to be as Yours. Lord our minds are renewed by the Word of God, help us to renew our minds daily by reading the Word. I ask that You protect us and keep us, and bless us in Jesus' name.

Amen

Worship Music

[You Make Me Feel Brand New-Christian Oldies-Thee Arch Angels](#)

[When The Party's Over-Christian Oldies-Little Willie G.](#)

[He Died For You-Christian Oldies \(Doo Wop\)-Little Willie G.](#)

[Cross My Heart-Christian Oldies-Pastor Sal Perez](#)

[What You Seek Is What You Get-Christian Oldies-Pastor Sal Perez](#)

Scripture

Ephesians 5 (KJV; 2005)

Ephesians 5:1-33 (KJV)

- ¹ Be ye therefore followers of God, as dear children;
- ² And walk in love, as Christ also hath loved us, and hath given himself for us an offering and a sacrifice to God for a sweet smelling savour.
- ³ But fornication, and all uncleanness, or covetousness, let it not be once named among you, as becometh saints;
- ⁴ Neither filthiness, nor foolish talking, nor jesting, which are not convenient: but rather giving of thanks.
- ⁵ For this ye know, that no whoremonger, nor unclean person, nor covetous man, who is an idolater, hath any inheritance in the kingdom of Christ and of God.
- ⁶ Let no man deceive you with vain words: for because of these things cometh the wrath of God upon the children of disobedience.
- ⁷ Be not ye therefore partakers with them.
- ⁸ For ye were sometimes darkness, but now *are ye* light in the Lord: walk as children of light:
- ⁹ (For the fruit of the Spirit *is* in all goodness and righteousness and truth;)
- ¹⁰ Proving what is acceptable unto the Lord.
- ¹¹ And have no fellowship with the unfruitful works of darkness, but rather reprove *them*.
- ¹² For it is a shame even to speak of those things which are done of them in secret.
- ¹³ But all things that are reproved are made manifest by the light: for whatsoever doth make manifest is light.
- ¹⁴ Wherefore he saith, Awake thou that sleepest, and arise from the dead, and Christ shall give thee light.
- ¹⁵ See then that ye walk circumspectly, not as fools, but as wise,
- ¹⁶ Redeeming the time, because the days are evil.
- ¹⁷ Wherefore be ye not unwise, but understanding what the will of the Lord *is*.
- ¹⁸ And be not drunk with wine, wherein is excess; but be filled with the Spirit;

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- ¹⁹ Speaking to yourselves in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord;
- ²⁰ Giving thanks always for all things unto God and the Father in the name of our Lord Jesus Christ;
- ²¹ Submitting yourselves one to another in the fear of God.
- ²² Wives, submit yourselves unto your own husbands, as unto the Lord.
- ²³ For the husband is the head of the wife, even as Christ is the head of the church: and he is the saviour of the body.
- ²⁴ Therefore as the church is subject unto Christ, so *let* the wives *be* to their own husbands in every thing.
- ²⁵ Husbands, love your wives, even as Christ also loved the church, and gave himself for it;
- ²⁶ That he might sanctify and cleanse it with the washing of water by the word,
- ²⁷ That he might present it to himself a glorious church, not having spot, or wrinkle, or any such thing; but that it should be holy and without blemish.
- ²⁸ So ought men to love their wives as their own bodies. He that loveth his wife loveth himself.
- ²⁹ For no man ever yet hated his own flesh; but nourisheth and cherisheth it, even as the Lord the church:
- ³⁰ For we are members of his body, of his flesh, and of his bones.
- ³¹ For this cause shall a man leave his father and mother, and shall be joined unto his wife, and they two shall be one flesh.
- ³² This is a great mystery: but I speak concerning Christ and the church.
- ³³ Nevertheless let every one of you in particular so love his wife even as himself; and the wife *see* that she reverence *her* husband.



In these two chapters Paul continues the topic he began in 4:17: their obligation to live differently. Sexual immorality (5:3-14). It was a very common sin in Paul's day; in many places temple prostitution was a part of heathen worship. Paul warns against it again and again. Husbands and wives (5:22-23). If we are Christians, we must show it in all areas of life; business, social, and domestic. The relationship between husband and wife is here represented as being a counterpart of the relation between Christ and the church (vv. 25,32). Paul exhorts to mutual love and devotion, he in no way suggests that a man has a right to make a slave of his wife. Each is dependent on the other because of the different functions that each has in human society. Each serves him or herself best by serving the other (v. 28). He that loves his wife loves himself.

(Halley's Bible Handbook; 2000; history and commentaries, notes; pages 809-810)

(v. 4) "Convenient" means necessary. Foolish talking and jesting are jokes that refer to fornication, uncleanness, and filthiness. Dirty jokes have no place in a Christian's conversation. It's so easy to waste time. We need to look for ways to use our time wisely. (v. 18) Be ye being filled or continually filled with the Spirit. (v. 19) We can encourage ourselves in the Lord by repeating scriptures and singing songs (1 Samuel 30:6; Psalm 42:5). (v. 29) This verse gives God's order for the home. If we try to defy God's order, we invite unhappiness into our relationships. (v. 25) Christ demonstrated His love for the Church in a powerful way. The more a husband shows his love to his wife and seeks to make her secure in his love, the easier for her to submit to him. (v. 26) The Word of God is one of the most powerful cleansing agents within the Church. (v.27) Righteousness isn't something we attain by our actions, it's a gift we receive by our faith in Jesus Christ. (v. 33) Women were regarded in Greek and Jewish cultures as one step above a slave. Paul here encouraged the husbands to regard their wives as beloved companions. "Reverence" also means respect.

(New Testament Study Guide; 2005; Chuck Smith; notes/commentaries; pages 111-112)

Is there someone in your life you admire so much that you try to be like that person? It is not bad to have godly role models. [Ephesians 5:1, 2](#) tells us that our best role model is God and that we are to imitate Him. One of the best ways to do that is to walk in love. Ask God often to show you how to walk in His love, how to receive it from Him, and then how to extend it to others.

[Ephesians 5:18-20](#) is such a powerful passage! How can we obey it and stay ever filled with the Holy Spirit? We can do it by speaking to ourselves (through our thoughts) or to others (through our words) in psalms and hymns and spiritual songs. We need to keep our thoughts and words full of God's Word by continuously offering praise and giving thanks to Him.

When God shows us we did something wrong, we need to say, "You are right, Lord. I am wrong. There is no excuse, so please forgive me and help me not do it again."

It is amazing how much that will help us have tender consciences toward God. But as soon as we start trying to reason things out and make excuses for our wrongs, we start getting a little callous on our consciences. It becomes just a little bit harder for us to feel than it was the time before.

For example, if I mistreat someone and do not repent, my conscience begins to callous. The next time I do it, my conscience gets a little more callous. Soon, though I go around presenting myself as a person who loves God, He cannot use me anymore because I am mistreating people in how I talk to them and behave toward them. The worst thing is that I do not even realize I am doing it because I no longer have a tender heart and a tender conscience toward God.

We must remember that God does not care how gifted or talented we are; His primary concern is our heart attitude. If we have willing hearts, stirred-up hearts, wise hearts, perfect hearts, and tender consciences, the devil's plan for destruction is destroyed because then nothing can stop us from being used by God.

Time is a very valuable commodity. Have you ever found yourself wishing there were more than twenty-four hours in a day? Ask God to teach you to live wisely (see [Ephesians 5:15-17](#)). Pay attention to the way you spend your time and make the most of every opportunity. (Amplified Bible, The Everyday Life Bible, Joyce Meyers Ministry; 2005; Scripture, Commentaries, notes; pages 1941-1944)

Time is a talent given us by God, and it is misspent and lost when not employed according to his design. If we have lost our time heretofore, we must double our diligence for the future. Of that time which thousands on a dying bed would gladly redeem at the price of the whole world, how little do men think, and to what trifles they daily sacrifice it! People are very apt to complain of bad times; it were well if that stirred them more to redeem time. Be not unwise. Ignorance of our duty, and neglect of our souls, show the greatest folly. But by fervent prayer let us seek to be filled with the Spirit, and to avoid whatever may grieve our gracious Comforter. All God's people have reason to sing for joy. Though we are not always singing, we should be always giving thanks; we should never want disposition for this duty, as we never want matter for it, through the whole course of our lives. Always, even in trials and afflictions, and for all things; being satisfied of their loving intent, and good tendency. God keeps believers from sinning against him, and engages them to submit one to another in all he has commanded, to promote his glory, and to fulfill their duties to each other. (Matthew Henry Concise Bible Commentary; 2005; The Word.)

Psa 119:105

**Thy word [is] a lamp unto
my feet, and a light unto my path.**



Chapel Flock; "Thought For The Day"

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