



~ Thought For The Day ~

~gathering from the 4 winds~

“come just as you are”

Refresh, Restore, Rebuild = Healing



Vol. 10 Issue 178

May 20, 2011

Prayer

God Father; in Jesus' name I ask it, Lord bless your people in their days of rest and led and guide them in Your will for them and plans. Lord give them the will to fellowship with You daily. Bless them and keep them and protect them and their families; in Jesus' name. Amen.

Worship Music

[Oh Lord I Love You](#)

[Eternity-Brian Doerksen](#)

[Light The Fire Again-Brian Doerksen](#)

[I See The Cross-Brian Doerksen](#)

Scripture

Galatians 4 (NKJV; 2005)

1 Now I say, That the heir, as long as he is a child, differs nothing from a servant, though he be lord of all; **2** But is under tutors and governors until the time appointed of the father. **3** Even so we, when we were children, were in bondage under the elements of the world: **4** But when the fullness of the time was come, God sent forth his Son, made of a woman, made under the law, [Gen 49:10](#); [Dan 9:24](#); [Matt 5:17](#); **5** To redeem them that were under the law, that we might receive the adoption of sons. [John 1:12](#); [Gal 3:26](#); **6** And because you are sons, God has sent forth the Spirit of his Son into your hearts, crying, Abba, Father. [Rom 8:15](#); **7** Why you are no more a servant, but a son; and if a son, then an heir of God through Christ.

8 However, then, when you knew not God, you did service to them which by nature are no gods. [1Cor 8:4](#); **9** But now, after that you have known God, or rather are known of God, how turn you again to the weak and beggarly elements, whereunto you desire again to be in bondage? [Col 2:20](#); **10** You observe days, and months, and times, and years. [Rom 14:5](#); [Col 2:16](#); **11** I am afraid of you, lest I have bestowed on you labor in vain.

12 Brothers, I beseech you, be as I am; for I am as you are: you have not injured me at all. **13** You know how through infirmity of the flesh I preached the gospel to you at the first. **14** And my temptation which was in my flesh you despised not, nor rejected; but received me as an angel of God, even as Christ Jesus. [Mal 2:7](#); [Matt 10:40](#); [John 13:20](#); **15** Where is then the blessedness you spoke of? for I bear you record, that, if it had been possible, you would have plucked out your own eyes, and have given them to me. **16** Am I therefore become your enemy, because I tell you the truth? **17** They zealously affect you, but not well; yes, they would exclude you, that you might affect them. [Rom 10:2](#); [2Cor 11:12](#); **18** But it is good to be zealously affected always in a good thing, and not only when I am present with you. **19** My little children, of whom I travail in birth again until Christ be formed in you, [1Cor 4:15](#); [Phlm 1:10](#); [Jas 1:18](#); **20** I desire to be present with you now, and to change my voice; for I stand in doubt of you.

Radio Stations...

[KWVE ...Calvary Chapel](#)

[KLOVE](#)

Bible Studies

Chuck Smith

[Through The Bible](#)

[Bob Coy/Teachings](#)

[Mike MacIntosh](#)

[Jon Courson](#)

[Biblos.com](#)

Questions or comments? E-mail us at spirit-walker-3@sbcglobal.net

Website;
[Blessing Box Cottage](#)
[Community Center](#)
 [& Gift Shop.....](#)
[Chapel Flock](#)
 website
 My Space:
[Chapel Flock](#)
 Facebook:
[Chapel Flock](#)

To remove your name from our mailing list, please [click here](#)

21 Tell me, you that desire to be under the law, do you not hear the law? **22** For it is written, that Abraham had two sons, the one by a female slave, the other by a free woman. [Gen 16:2](#); [Gen 16:15](#); [Gen 21:2](#); [Acts 7:8](#); [Heb 11:11](#); **23** But he who was of the female slave was born after the flesh; but he of the free woman was by promise. [John 8:39](#); [Rom 9:7](#); **24** Which things are an allegory: for these are the two covenants; the one from the mount Sinai, which engenders to bondage, which is Agar. **25** For this Agar is mount Sinai in Arabia, and answers to Jerusalem which now is, and is in bondage with her children. **26** But Jerusalem which is above is free, which is the mother of us all. [Rev 21:2](#); **27** For it is written, Rejoice, you barren that bore not; break forth and cry, you that travail not: for the desolate has many more children than she which has an husband. [Isa 54:1](#); **28** Now we, brothers, as Isaac was, are the children of promise. [Rom 9:7-8](#); **29** But as then he that was born after the flesh persecuted him that was born after the Spirit, even so it is now. [Gen 21:9](#); **30** Nevertheless what said the scripture? Cast out the female slave and her son: for the son of the female slave shall not be heir with the son of the free woman. [Gen 21:10](#); **31** So then, brothers, we are not children of the female slave, but of the free.



In Galatians 4:24-31, the Bible speaks about 2 covenants, describing 2 ways in which we live. The first way we choose to live is by works of our own flesh. We take care of ourselves; we make our own plans and struggle to make things happen our way, in our timing. This describes the natural way, the "normal" way most people live. It is a way that produces every kind of misery. We struggle, get frustrated, fail, and end up weary and worn-out most of the time. We are confused and defeated, and have no peace or joy. The second way we can live is supernaturally, by the power of God. We live by faith, trusting God to do what needs to be done in our lives. This way is described in the Bible as a new and living way ([Hebrews 10:20](#)). This new way produces, peace, joy, ease and success. ([Amplified Bible](#); 2005; notes and commentaries, Scripture; Joyce Meyers; pages 1918-1920)

"Tutors" refers to guardians. "Governors" here refers to stewards. The Law was a guardian for the children of Israel. They were the heirs of many promises from God, but they had to wait until the time chosen by God to enter into the full inheritance. "Elements" here refers to elementary things, the basic fundamentals. Being under the Law is being in bondage ([Acts 15:1-31](#)). God sent His Son from His presence in heaven to redeem fallen man on the earth. ([John 17:5](#)).

The Trinity works in harmony ([Romans 8:16](#)). Jesus often used the intimate word "Abba" when speaking of His Father. We need the restraints of the Law when we have a primary relationship with God. When we mature to a love relationship with Him, we no longer need the Law. Where there is a strong love relationship, there is no need for laws. Love fulfills the Law ([Romans 13:10](#); [Matthew 22:37-40](#); [John 13:35](#); [2 Corinthians 9:7](#); [Ephesians 1:18](#)). We know God only because He has revealed Himself to us ([Job 11:7](#); [John 6:44](#)). The Law is weak because it can only diagnose our problems; it cannot cure them.

The days the Jews observed were the Sabbath days the months were the new moon feasts; the times they observed were the annual festivals; and the years they observed were the sabbatical years. Paul begged the Galatians to walk in grace as he did, rather than live under the Law. Paul once described his physical problem as a "thorn in the flesh" (stake, literally) [2 Corinthians 12:7](#). "Temptation" refers to the testing. Paul's reference here to the Galatians "giving him their eyes" could indicate that he had eye problems; or, he could be describing the depth of their love for him. The false teachers were very affectionate toward the Galatians. This is the only time Paul used the endearing term " my little children " in his letters. The Holy Spirit works in us to conform us into the image of Christ ([Ephesians 4:13](#)). Paul wished the Galatians to know that he was softening his tone at this point. Ishmael, the son of the servant Hagar, was the child produced by fleshly efforts to fulfill God's promise. Isaac, the son of Sarah, was the child of faith. Paul quotes this scripture to demonstrate that there will be many more converts to God through His grace than through the Law ([Isaiah 54:1](#)). Paul relates the Christian to Isaac, the child of promise. The false teachers were persecuting Paul just as Ishmael had mocked Isaac.

([New Testament Study Guide](#); 2005; commentaries & notes; Chuck Smith; pages 102-103)

"Friday Humor"



Neck Exercises to do while on the computer

We stare at the computer
For hours, every day.
MySpace, Facebook and Google
Entrapped us in their hands.

We never take a break
To exercise ourselves.
It seems too hard today.
We cannot leave the Net.

The doctors give us warnings.
But we don't give a dang .
Too lazy for a workout,
Too busy for a break.

I wrote this little poem
For all those at work or play
To make them do some movement
And scare the pain away!

So if you need a warm up,
But cannot leave your chair
Re-read this text all over
At least three times per day!

Give it a try...

CLICK ON THE BELOW LINK AND TAKE THE TEST. THE NORMAL RATE IS 7 OUT OF 25. BE SURE TO FORWARD TO YOUR FRIENDS DO. NOT MANY PEOPLE SCORE MORE THAN 5.

GOOD LUCK!

[Think Test \(takes a minute to load, good luck\)](#)

Psa 119:105

**Thy word [is] a lamp unto
my feet, and a light unto my path.**



Chapel Flock; "Thought For The Day"

Spirit Walker Ministry; PO Box 161102; Wichita, Kansas 67216

Telephone Number; 316-243-1438