



~ Thought For The Day ~

~gathering from the 4 winds~

“come just as you are”

Refresh, Restore, Rebuild = Healing



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Prayer

God Father; in Jesus' name I ask it, through our trials and troubles Lord keep us and protect us, for You said You also would provide a way out. Lead us in the way Lord. Fill all the people whom have lost a loved one, and their homes and belongings with the Comforter. I ask for healing and restoration for each person and family, in Jesus' name. Amen.

Worship Music

[Arms Of Love-Kutless](#)

[The Promise-Mercy Me](#)

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[Keeper Of My Heart-Mercy Me](#)

Scripture

Ephesians I (NKJV; 2005)

1 Paul, an apostle of Jesus Christ by the will of God, to the saints which are at Ephesus, and to the faithful in Christ Jesus: [Rom 1:7](#); [1Cor 1:2](#); [2Cor 1:1](#); **2** Grace be to you, and peace, from God our Father, and from the Lord Jesus Christ. [Gal 1:3](#); [1Pet 1:2](#);

3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with all spiritual blessings in heavenly places in Christ: [2Cor 1:3](#); [1Pet 1:3](#); **4** According as he has chosen us in him before the foundation of the world, that we should be holy and without blame before him in love: [John 15:16](#); [1Tim 1:9](#); [Luke 1:75](#); [Eph 5:27](#); [Col 1:22](#); [2Tim 1:9](#); [Titus 2:12](#); **5** Having predestinated us to the adoption of children by Jesus Christ to himself, according to the good pleasure of his will, **6** To the praise of the glory of his grace, wherein he has made us accepted in the beloved. [Matt 3:17](#); **7** In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace; [Acts 20:28](#); [Col 1:14](#); [Heb 9:12](#); [1Pet 1:18](#); **8** Wherein he has abounded toward us in all wisdom and prudence; **9** Having made known to us the mystery of his will, according to his good pleasure which he has purposed in himself: [Rom 16:25](#); [Eph 3:9](#); [Col 1:26](#); [2Tim 1:9](#); [Titus 1:2](#); [1Pet 1:20](#); **10** That in the dispensation of the fullness of times he might gather together in one all things in Christ, both which are in heaven, and which are on earth; even in him: [Gen 49:10](#); [Dan 9:24](#); [Gal 4:4](#);

11 In whom also we have obtained an inheritance, being predestinated according to the purpose of him who works all things after the counsel of his own will: [Rom 8:17](#); **12** That we should be to the praise of his glory, who first trusted in Christ. **13** In whom you also trusted, after that you heard the word of truth, the gospel of your salvation: in whom also after that you believed, you were sealed with that holy Spirit of promise, [Rom 8:15](#); [2Cor 1:22](#); [2Cor 5:5](#); [Eph 4:30](#); **14** Which is the earnest of our inheritance until the redemption of the purchased possession, to the praise of his glory. [Exod 19:5](#); [Deut 7:6](#); [Deut 14:2](#); [Deut 26:18](#); [Rom 8:23](#); [1Pet 2:9](#);

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15 Why I also, after I heard of your faith in the Lord Jesus, and love to all the saints, **Phil 1:3; Col 1:3; 1Thess 1:2; 2Thess 1:3; 16** Cease not to give thanks for you, making mention of you in my prayers; **17** That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of him: **18** The eyes of your understanding being enlightened; that you may know what is the hope of his calling, and what the riches of the glory of his inheritance in the saints, **19** And what is the exceeding greatness of his power to us-ward who believe, according to the working of his mighty power, **Col 2:12; 20** Which he worked in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places, **Ps 110:1; Acts 2:34; 1Cor 15:25; Col 3:1; Heb 1:3; Heb 10:12; 1Pet 3:22; 21** Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come: **22** And has put all things under his feet, and gave him to be the head over all things to the church, **Ps 8:6; Matt 28:18; 1Cor 15:27; Heb 2:8; 23** Which is his body, the fullness of him that fills all in all. **Rom 12:5; 1Cor 12:27; Eph 4:16; Eph 5:23;**



"in Ephesus"(v.1) is not in some of the most ancient manuscripts. It is thought that this was probably intended as a circular letter to the churches in Asia Minor. In this case Tychicus would have carried a number of copies, with space for each city to insert its own name. This would also account for the lack of personal greetings in this letter, which is unlike most of Paul's letters. Paul had spent three years in Ephesus and had many devoted friends there; yet this letter is rather formal in tone. This would not be surprising if this was indeed a circular letter for Ephesus and its neighboring cities.

(vv. 3-14) A magnificent summary of God's plan; the redemption, adoption, forgiveness, and sealing of a people for God's own possession, determined from eternity, now being brought about by God Himself. "Heavenly realms" (v. 3) is a key phrase of this book (1:10, 20: 2:6; 3:10; 6: 12). It means the unseen sphere beyond this world of the senses, which is the Christian's ultimate home and with which we now, in a measure, have communion. (v. 11) is a common theme in Paul's letters. He emphasizes this in phrases such as "he chose us," "he predestined us," we were also chosen and having been predestined before the creation of the world. (vv. 15-23), this is the way Paul usually begins his letters. For such prayers are especially beautiful; this prayer and those in 3:14-19; Philippians 1:9-11; and Colossians 1:9-12.

(Halley's Bible Handbook; 2000; history & commentaries; page 805)

The theme of this book is that we are in Christ Jesus (John 15). Remember that "Lord" is a title, not part of the name of Jess. "Christ" is His distinction, for He is the Messiah. There has to be a work of God in our lives before we can do something for Him. We need to see our position in Christ, seated with Him in heavenly places, before we can learn to walk the Christian walk. The first blessing we have in Christ is that we were chosen by God. The second blessing is that God has accepted us through Jesus Christ. God will not and cannot accept us apart from Jesus. The third blessing is that we've been redeemed by the shed blood of Christ and that our sins have been forgiven (Psalm 32:1). God's grace has abounded toward us. The fourth blessing is that God has made His will known to us; that Christ may be the center of all. The fifth blessing is that we've been given an inheritance in the Kingdom of God. After we heard the Gospel and believed. God gave us the Holy Spirit as proof of His intention to complete our redemption. Faith and love go hand in hand. It's important that we study Paul's prayer to learn how to pray more effectively.

17 That the God of our Lord Jesus Christ, the Father of glory, may give to you the spirit of wisdom and revelation in the knowledge of him: **Ephesians 1:17**

(Philippians 3:10, Job 11:7)

We can only have the true knowledge of God as the Holy Spirit reveals Him to us. Once we know the glory that God has in store for us, the world loses its attraction. God values us highly and considers the saints a rich inheritance. That a vast source of power God is, but how little of His power we appropriate in our lives.

(New Testament Study Guide; 2005; notes & commentaries; Chuck Smith; pages 109-110)

(KJV Bible; 2005; Scripture and notes)

Psalm 23

1 The LORD is my shepherd; I shall not want.

2 He makes me to lie down in green pastures: he leads me beside the still waters.

3 He restores my soul: he leads me in the paths of righteousness for his name's sake.

4 Yes, though I walk through the valley of the shadow of death, I will fear no evil: for you are with me; your rod and your staff they comfort me.

5 You prepare a table before me in the presence of my enemies: you anoint my head with oil; my cup runs over.

6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.



Spirit Walker 3/18/2011

Psa 119:105

Thy word [is] a lamp unto my feet, and a light unto my path.



Chapel Flock; "Thought For The Day"

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